



# Adventure Camp Packing List

Please be sure everything is marked with your name/initials

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## What To Pack

2 Water Bottles  
2 Pairs of Long Pants  
Long Sleeved T-Shirt (Sun Protection)  
Tie Shoes & Socks  
Sweatshirt/Fleece  
Change of Underwear  
Swim Suit & Beach Towel  
Rain Gear (Jacket & Pants)  
Sunscreen  
Toiletries & Feminine Care Needs  
Pajamas (whatever you like to sleep in)  
Backpack  
Hiking Boots  
3 Pair Shorts (quick dry)  
4 Shirts  
6 Pair Socks  
6 Pair Underwear  
Flashlight (with fresh batteries)  
Dirty Clothes Bag  
Bug Spray (high deet)  
Bath Towel  
Reusable, Shatterproof Plate & Bowl  
Fork, Butter Knife & Spoon  
Insulated Cup & Lid  
Mesh Dunk Bag (lingerie bags work great)  
Sleeping Bag & Pillow

## Optional Items

Book  
Fishing Pole & Tackle  
Camera (have a way to keep it dry)  
Sleeping Pad (insulation & ground comfort)  
Wristwatch

## What To Wear On Arrival \*May Get Wet

Smile & A Sunny Disposition  
Underwear/Shorts Or Swimsuit  
T-Shirt  
Flip Flops, Sandals Or Water Shoes  
Sunglasses (with strap)  
Sunscreen

## DO NOT BRING

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Cell Phones  
Electronics (iPods, MP3 Players, 2-Way Radios)  
Knives, Fireworks, Matches, or Lighters  
Cigarettes or Electronic Cigarettes  
Alcohol or Drugs